



LIFESTYLE: Which of the following is/are part of your lifestyle?

Tobacco Smoking

Recreational Drugs

Exercise

Coffee Drinking

Birth Control Pills

Relaxation/Meditation

Alcohol Drinking

Special Diet (specify \_\_\_\_\_)

Vitamins/Supplements

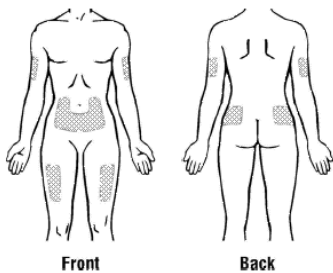
Family Health History

	self	Mother	Father	Sister	Brother	Spouse	Child
Allergies							
Blood Disorder							
Diabetes							
Cancers/ Tumors							
Seizures							
High Blood Pressure							
Kidney/ Bladder disorder							
Drug Abuse							
Tuberculosis							
Heart Disease							
Stroke							
Depression/anxiety							
Digestive system disorder							
Other							
Age at death							

Major Hospitalizations - If you have ever been hospitalized for any serious medical illness or operation, write in your most recent hospitalizations below.

Year	Operation or illness	Name of Hospital	City and state

PLEASE INDICATE WITH AN "X" ANY AREAS OF PAIN OR INJURY:



Sudden Onset

vs

Gradual Onset

Constant

vs

Intermittent

Sharp

vs

Dull

Spasms/Tremor

Stiffness

Numbness

Tingling

Swelling/Edema

Burning

Bruising/Tenderness

Radiating to

CHIEF COMPLAINT(S):

# Personal Health Information Check Table

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## GENERAL

Past / current

- Appetite
- Insomnia
- Fatigue
- Fevers
- Night Sweats
- Sweat easily
- Chills
- Localized Weakness
- Poor coordination
- Change in Appetite
- Strong Thirst

## SKIN AND HAIR

Past/ current

- Rashes
- Hives
- Itching
- Eczema
- Pimples
- Dryness
- Tumors, Lumps

## HEAD AND NECK

Past / current

- Dizziness
- Fainting
- Neck stiffness
- Enlarged lymph
- Headaches

## EARS AND EYES

Past/ current

- High pitch ringing
- Low pitch ringing
- Blurred vision
- Visual change
- Poor night vision
- Cataracts
- Spots
- Eye inflammation

## NOSE/ MOUTH

Past/ current

- Running nose
- Sinus infection
- Allergies
- Sore throat
- Grinding teeth
- Mouth sores

## CARDIOVASCULAR

Past/current

- high blood pressure
- low blood pressure
- Blood clots
- Palpitations
- Fainting
- Chest pain
- Irregular heart beat
- Cold hands/feet
- Swelling hand/feet

## RESPIRATORY

Past/ current

- Asthma
- Bronchitis
- Frequent colds
- Pneumonia
- Cough
- Coughing blood
- Production of phlegm

## GASTRO-INTESTINAL

Past/ current

- Nausea
- Vomiting
- Diarrhea
- Belching
- Blood in stools/
- Bad breath
- Rectal pain
- Hemorrhoids
- Constipation
- Pain or cramps
- Indigestion
- Gallbladder disorder
- Gas

## GENTO-URINARY

Past/current

- Kidney stones
- Pain on urination
- Frequent urination
- Blood in urine
- Urgency to urine
- Unable to hold urine

## MALE

Past/ current

- Pain/itching of genitalia
- Genital lesions/ discharge

Impotence

- Weak urinary stream
- Lumps in testicles
- Frequent urination

## FEMALE

Past/current

- Frequent urination
- Vaginal infections
- Pain/itching of genitalia
- Pelvic inflammatory disease
- Abnormal Pap Smear
- Irregular periods
- Painful menstrual periods
- Genital lesions/discharge
- Premenstrual syndrome
- Abnormal bleeding
- Menopausal syndrome
- Breast lumps

## NEUROLOGICAL

Past/current

- seizures
- tremors
- Numbness/ tingling of li
- Concussion
- Pain
- Paralysis

## PSYCHOLOGICAL

Past./current

- Depression
- Anxiety./ stress
- Irritability
- Bi-polar
- Emotional disease

## INFECTION SCREENING

Past/current

- HIV
- TB
- Hepatitis
- Gonorrhea
- Chlamydeous
- syphilis
- Genital warts
- Herpes oral
- genital Herpes

OFFICE POLICY:

All fees for medical services are due at the time of visit unless arrangements have been made between Dzogchen Healing Center and your insurance company. Dzogchen Healing Center will bill for insurances that cover Acupuncture/TCM. Please note that all published prices reflect a courtesy discount for cash patients.

**If you need to cancel an appointment, please give us a minimum of 24 hours notice.  
There may be a \$25 cancellation fee for less than 24 hour notification.**

**Please Initial Here:** \_\_\_\_\_

◆ My signature authorizes Dzogchen Healing Center to treat me (or the patient for whom I am legally responsible) with acupuncture and Chinese medicinal herbs within the licensure granted by the Medical Quality Assurance Board of the State of California and the California Acupuncture Committee.

◆ I do not expect the acupuncturist to be able to anticipate and explain all risks and complications, and I wish to rely on the acupuncturist to exercise judgement during the course of the procedure, which the acupuncturist feels based upon the facts then known, is in my best interests.

◆ I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

◆ I authorize the release of any medical or other information necessary for insurance claim processing and I understand that my individually identifiable medical information will be used only as necessary for purposes of treatment, payment, and other healthcare operations.

◆ I have received the Dzogchen Healing Center Notice of Privacy Policies.

Signature: \_\_\_\_\_  
(Patient, Parent or Guardian)

Date: \_\_\_\_\_

FOR OFFICE USE ONLY:

Witness to Patient's Signature: \_\_\_\_\_  
(Staff or Acupuncturist)

Date: \_\_\_\_\_